

Live as Your Heart Lives

by Lyric Benson Fergusson

A photograph of two hands, one from each side, reaching towards the center and forming a heart shape. The hands are positioned over a body of water with gentle ripples. The background is a bright, hazy sky, suggesting a sunrise or sunset. The overall mood is peaceful and romantic.

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Where your mind wavers,
your heart overcomes.

Your heart can tame any monster,
your heart can devour any fear.

Your heart's chivalry is incomparable.
Your heart's genius

outsmarts what's written on parchment
or etched on stone tablets.

Your heart sees an ogre
as an angel,
Just waiting to be born...
(with a soft kiss).

Are you brave enough to pucker up?

Your mind would rather run from sleeping tigers
that had,
several decades ago,
promised to eat you,
than face the unknowns of life.

Your heart knows that
overwhelming darkness
is a miracle
waiting to happen.

Which lens do you choose to see this world through?

Your heart or your mind?

Baby,
it's all about perspective.

*Source: French Kissing God, a collection of poems by
Lyric Benson Fergusson (FrenchKissingGod.com).*